

## The 12th School Health Training at Poulo Wai Hotel



The 12th School Health lecturer training was held from 19<sup>th</sup> to 21<sup>st</sup> June, 2023. On day 1, we conducted a trial lesson on “Mental health”, by Mr. Mao Veasna, School Health lecturer from BTEC. His lesson was really interesting using many pictures and examples, so that participants enjoy the class feeling like student teachers.

Although Phnom Penh Teacher Education College (PTEC) and Battambang Teacher Education College (BTEC) are different institutions, through the trial lesson, we are able to incorporate and improve each other's good points and work hard to create better School Health classes.



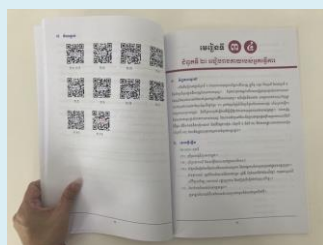
## Teaching material and Teacher's guide book



We would like to introduce new teaching materials for School Health class called “Kamishibai”, a picture story show, which was created by NGO KIZUNA and supervised by Tokyo Gakugei University and SHCC project. This material allows teachers to teach some points of each School Health topic simply by reading the script while showing the pictures. Ms. San Sreyry, a School Health lecturer from PTEC, demonstrated the lesson using Kamishibai.



SHCC project published a Teacher's guidebook accompanying the School Health textbook for TEC. The project leader, Dr. Asakura Takashi, lectured on how to use it. He attended the training online from Japan this time, and everyone was seriously engaged with the screen and learning.



School Health Textbook has 16 chapters and over 300 pages, so it is not easy to teach everything in class. Therefore, the Teacher's guidebook explains which parts of the textbook should be taught in class and which parts should be assignments for student teachers.



## The 13th School Health Training at BTEC and PTEC

The 13th School Health lecturer training was held from 7<sup>th</sup> to 10<sup>th</sup> August (4 days), 2023 in Battambang and Phnom Penh. The main purpose of the training was to conduct School Health Lesson Study at both Teacher Education Colleges (TECs) in Battambang and Phnom Penh. This was the first time to do Lesson Study on School Health at TECs in Cambodia. Between Phnom Penh ⇄ Battambang, we travelled by bus altogether “yes, it was so fun”.



## The first Lesson Study in BTEC and PTEC



On 8<sup>th</sup> August, a School Health lecturer from Battambang Teacher Education College (BTEC) Mr. Chan Ra conducted a trial lesson on Chapter 4 of the School Health Textbook on “Hygiene and Health”, as an activity of Lesson Study. The lecturer asked many questions to student teachers, and they worked in groups actively.

On 9<sup>th</sup> August, a lesson on "Growth and development", Chapter 3 in the School Health Textbook, was given by Ms. Lok Solinda, School Health lecturer from Phnom Penh Teacher Education College (PTEC) Lesson Study. The lecturer applied many handmade teaching materials to make student teachers understand the contents of the lesson better. We can see that student teachers enjoyed the lesson and learned about the difference between growth and development.



After the demonstration class, there was a post-study with all participants from BTEC and PTEC to reflect on their teaching. In this session, they are very involved in discussions and have many thoughts to share.



All participants discussed what was good and what could be improved and how to incorporate these into their classes. There are many different ways of Lesson Study, and the SHCC aims to enable School Health lecturers to find their way through discussion.





## *Field Study*

The SHCC project conducts regular Field Studies to gain knowledge about Cambodia's history, culture, economy, and education, as well as school health-related issues. One of the objectives is not only to learn, but also to get to know each other and to build a better relationship between PTEC and BTEC.



## *Special Needs Education School in Cambodia*

On 10<sup>th</sup> August, we visit to the National Institute of Special Education (NISE) as a Field Study. We were given a lecture on teacher training and the development of teaching materials for special needs education. Afterwards, we visited the school (from kindergarten to high school) for children who are blind and deaf. There were some lectures at TEC who had received short-term training at NISE. Thank you NISE for this opportunity.



## *LyLy Kameda Factory*



On 21<sup>st</sup> June, we took a break from our indoor studies and went on a Field Study tour of LYLY KAMEDA's factory. The School Health lectures from Teacher Education College of Phnom Penh and Battambang were impressed by the fact that the food is exported to the world from a factory in Cambodia that is certified according to global standards, with thorough food safety and hygiene management.



**SHCC will continue to plan Field Studies to learn more about Cambodia in terms of health and wellbeing.**