

School Health for All

A STEP TO A BETTER WORLD



Organized by



Tokyo Gakugei University

Sponsored by



Technical Supported by



Preface

This school health textbook, “School Health for All - A Step to a Better World,” is the first full-fledged school health textbook to be published for teacher education in Cambodia, corresponding to the Memorandum of Understanding (MoU) between the Ministry of Education, Youth and Sport and Tokyo Gakugei University. This textbook has been developed under the financial support as a generous grant from the Nippon Foundation to enable student teachers to teach school health classes in response to the decision of the Royal Government of Cambodia to introduce school health education to primary and lower secondary schools under the School Health Policy. The school health textbook consists of an introduction and 16 chapters with selected topics necessary for learning the fundamentals of school health education. Furthermore, these chapters are comprehensive and can contribute to Cambodia's efforts to achieve the Sustainable Development Goals (SDGs).

The textbook was developed by school health experts from Tokyo Gakugei University (representative) and Ibaraki University, Jumonji University, Saitama University, and Yokohama National University. The experts worked in close collaboration to complete a draft in Japanese, which was then translated into English. The Khmer version of the textbook was later developed with the great support of lecturers from both Teacher Education Colleges in Phnom Penh and Battambang, with regard to the accurate use of Khmer terminology. The school health textbook in Khmer was finalized after a review by the School Health Department of the Ministry of Education, Youth and Sport of the Kingdom of Cambodia. Tokyo Gakugei University Cambodia Office coordinated the Khmer translation, illustration creation, and layout work of the textbook.

The English edition of the school health textbook was created in parallel with the Khmer edition.

It is strongly hoped that this textbook can be used to contribute to the enhancement of student teachers' capacities in the field of health education in the Cambodian teacher education colleges. As a result, they will be able to effectively teach school health subjects when they become teachers upon graduation. This will have a positive impact on school students, resulting in healthy human resources for Cambodia.

Takashi Asakura

Representative, Ph.D., Professor Emeritus, Tokyo Gakugei University

Sam Chanphirun

Ph.D, Deputy Director, Phnom Penh Teacher Education Collage

Message from The Nippon Foundation

I am delighted at the completion of the textbook for school health teachers, [School Health for All – A step to a better world].

The outbreak of Covid-19 spread throughout the world in no time and our daily lives have changed drastically from what we knew since before the outbreak. Infection prevention methods such as obligatory masks, thorough washing of hands, alcohol disinfection, and maintaining distance from one another have been recommended. On the other hand, there were quite a number of cases of infection arising from a lack of awareness of the importance of infection prevention measures.

Today, with diverse information surrounding us related Covid-19 it is even more important for individuals to further pursue and be equipped with correct health and hygiene knowledge.

This textbook [School Health for All- A step to a better world] comes with important information necessary for leading a healthy life. It is my hope that this textbook will be useful to all the young future school health teachers in gaining thorough knowledge of correct health and hygiene and that they will, in turn, pass on that knowledge to the younger generation.

The Nippon Foundation has implemented a number of teacher training programs since 2004 to rebuild the Cambodian education infrastructure, which was devastated by the catastrophic civil war that continued for about 20 years. We have great expectations that this school health project will also contribute to produce excellent school health teachers. I would like to express my gratitude to the Cambodian Ministry of Education, Youth and Sports, Phnom Penh Teachers' Training College, Battambang Teachers' Training College, Tokyo Gakugei University and members of Social Compass, and the NGO Education Support Center Kizuna.

Yohei Sasakawa

Chairman, The Nippon Foundation

